Track: 2020-02-15 Monte Velino per la cresta S-W — **Date: 15/02/2020**

Track: 2020-02-15 Monte Velino per la cresta S-W	**IBP = 180 HKG**
These speeds are average for = HKG	
IBP index reliability= A	

Total length	11.9 Km
Analyzed distance	11.9 Km
Lineal distance	0.03 Km

Accumulated climb	1737.9 m
Accumulated descent	1660.6 m
Maximum height	2483.2 m
Minimal height	934.1 m
Climb rate	31.87 %
Descent rate	25.92 %
Positive climb difference per km	146.04 m
Negative descent difference per km	139.55 m

Total time	7:06:01 h
Time in movement	5:06:08 h
Stopped time	1:59:53 h

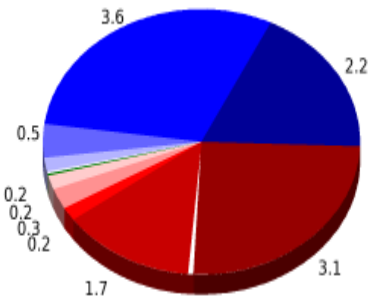
Total speed average	1.68 Km/h
Average speed in movement	2.33 Km/h
Maximum held speed	6.12 Km/h

Max slope filter	~55 %
Min. points separation	~30 m
Number of points	961 (cad. 12.38 m)
Significant points	331 (cad. 36.05 m / 34.44 %)
Aberrant points	215 (22.37 % d. total)

Direction changes per km	15.8
Direction changes >5º per km	13.61
Accumulated straight stretches	0.904 Km
Straight stretches per km	75.97 m
Penalizables slope changes	7
Penalizables slope changes per km	0.588

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Summary of slopes



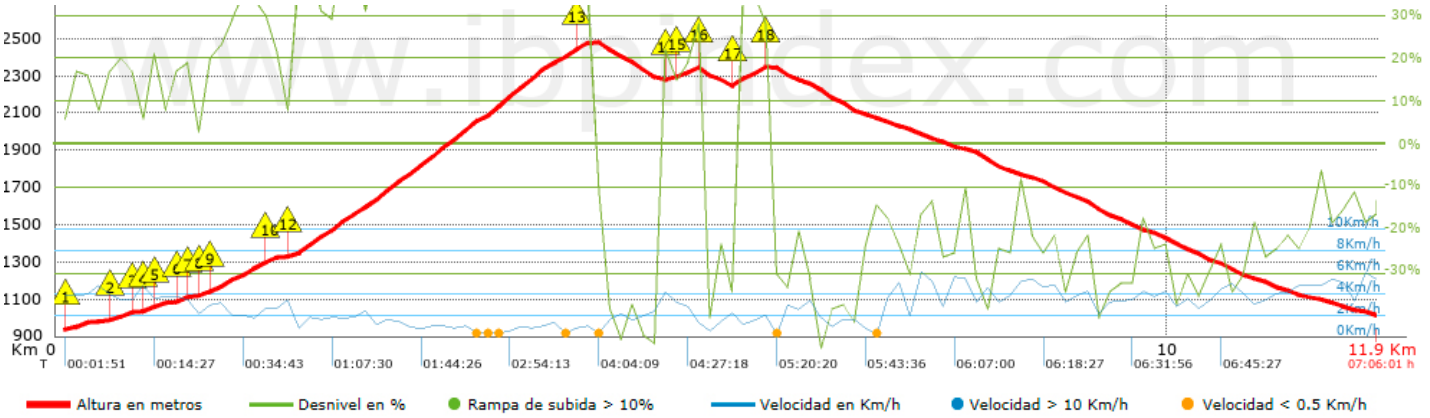
	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
	Between 30% and 55%	3.064	25.76	1.4	2:11:13
	Between 15 and 30%	1.729	14.54	2.56	0:40:29
	Between 10 and 15%	0.18	1.52	2.44	0:04:26
	Between 5 and 10%	0.299	2.51	4.41	0:04:04
	Between 1 and 5%	0.18	1.52	4.36	0:02:29
	Total :	5.452	45.84	1.79	3:02:41
	Plain				
	Difference of 1%	0.035	0.3	1.73	0:01:13
	Breakdown descents				
	Between 1 and 5%	0	0	0	0:00:00
	Between 5 and 10%	0.152	1.27	4.91	0:01:51
	Between 10 and 15%	0.468	3.94	3.24	0:08:40
	Between 15 and 30%	3.601	30.27	3.64	0:59:19
	Between 30% and 55%	2.187	18.38	2.5	0:52:24
	Total :	6.408	53.87	3.15	2:02:14
	Total track :	11.9	100 %	2.33	5:06:08

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Steep slopes > 10%

Steep slope	Mileage point	Average slope	Interval
1	0.075	18 %	199 m
2	0.421	18 %	218 m
3	0.639	11 %	117 m
4	0.756	21 %	147 m
5	0.902	12 %	117 m
6	1.019	19 %	112 m
7	1.131	14 %	124 m
8	1.256	20 %	149 m
9	1.404	31 %	510 m
10	1.914	30 %	32 m
11	2.082	15 %	33 m
12	2.114	43 %	2583 m
13	4.698	33 %	102 m
14	5.434	17 %	181 m
15	5.615	30 %	114 m
16	5.729	28 %	34 m
17	6.074	35 %	284 m
18	6.358	23 %	38 m

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High altitude parameters, data above							
Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
2250	2513.864	21.13	1:22:17	1.83	1:00:05	2:22:22	1.06
2000	1544.133	12.98	0:42:10	2.2	0:52:22	1:34:32	0.98
1750	1582.879	13.31	0:40:04	2.37	0:05:05	0:45:09	2.1
1500	1508.8	12.68	0:40:38	2.23		0:40:38	2.23
Total :	7.15 Km	60.11 %	3:25:09 h	2.09 Km/h	1:57:32 h	5:22:41 h	1.33 Km/h

Stops					
Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
2.052	0:02:21	1328	0:46:49	0:46:49	2.052
3.179	0:02:46	1772	1:38:43	0:51:54	1.127
3.542	0:02:19	1943	1:59:18	0:20:35	0.362
3.67	0:02:56	2005	2:07:14	0:07:56 < 10´	0.129
3.743	0:16:50 > 10´	2039	2:11:47	0:04:33 < 10´	0.073
3.885	0:07:08	2100	2:29:24	0:17:37	0.142
3.998	0:13:37 > 10´	2153	2:40:36	0:11:12	0.113
4.168	0:02:25	2234	3:00:50	0:20:14	0.171
4.478	0:05:59	2370	3:17:12	0:16:22	0.31
4.768	0:24:52 > 10´	2476	3:37:59	0:20:47	0.29
5.763	0:03:35	2345	4:30:12	0:52:13	0.995
6.396	0:25:39 > 10´	2354	4:54:41	0:24:29	0.633
7.3	0:09:26	2083	5:44:27	0:49:46	0.903
Total :	1:59:53 h				

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