Track: 2020-02-29 Monte Camicia da Sud Est — **Date: 29/02/2020**

Track: 2020-02-29 Monte Camicia da Sud Est	**IBP = 129 HKG**
These speeds are average for = HKG	
IBP index reliability= A	

Total length	**7.87 Km**
Analyzed distance	**7.87 Km**
Lineal distance	**0.06 Km**

Accumulated climb	**1012.8 m**
Accumulated descent	**1011.4 m**
Maximum height	**2562.5 m**
Minimal height	**1609.4 m**
Climb rate	**25.54 %**
Descent rate	**26.38 %**
Positive climb difference per km	**128.69 m**
Negative descent difference per km	**128.51 m**

Total time	**5:50:20 h**
Time in movement	**3:37:24 h**
Stopped time	**2:12:56 h**

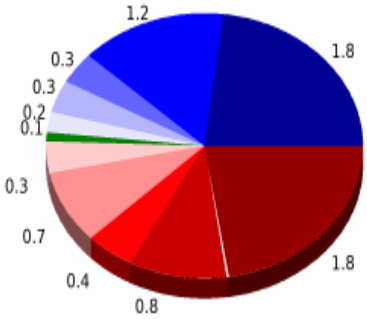
Total speed average	**1.35 Km/h**
Average speed in movement	**2.17 Km/h**
Maximum held speed	**7.1 Km/h**

Max slope filter	**~55 %**
Min. points separation	**~30 m**
Number of points	**668 (cad. 11.78 m)**
Significant points	**223 (cad. 35.45 m / 33.38 %)**
Aberrant points	**140 (20.96 % d. total)**

Direction changes per km	**15.76**
Direction changes >5° per km	**12.2**
Accumulated straight stretches	**0.932 Km**
Straight stretches per km	**118.42 m**
Penalizables slope changes	**6**
Penalizables slope changes per km	**0.762**

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Summary of slopes



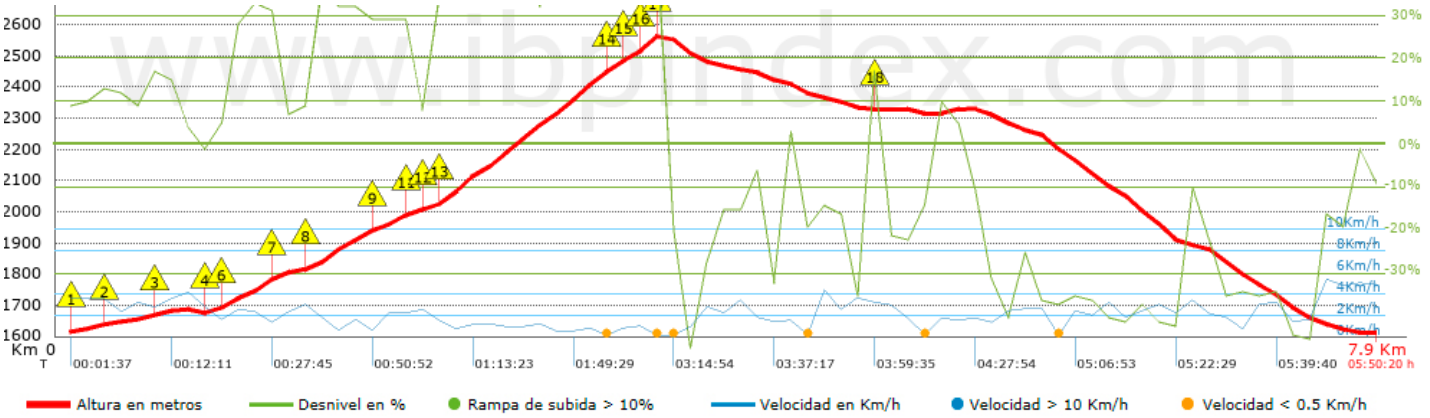
	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
	Between 30% and 55%	**1.756**	**22.32**	**1.6**	**1:05:46**
	Between 15 and 30%	**0.774**	**9.83**	**2.36**	**0:19:39**
	Between 10 and 15%	**0.441**	**5.61**	**3.05**	**0:08:41**
	Between 5 and 10%	**0.702**	**8.92**	**2.94**	**0:14:20**
	Between 1 and 5%	**0.292**	**3.71**	**2.36**	**0:07:26**
	Total :	**3.965**	**50.38**	**2.05**	**1:55:52**
	Plain				
	Difference of 1%	**0.071**	**0.9**	**2.32**	**0:01:50**
	Breakdown descents				
	Between 1 and 5%	**0.244**	**3.11**	**3.12**	**0:04:42**
	Between 5 and 10%	**0.312**	**3.96**	**2.52**	**0:07:25**
	Between 10 and 15%	**0.305**	**3.88**	**2.06**	**0:08:53**
	Between 15 and 30%	**1.213**	**15.41**	**2.67**	**0:27:18**
	Between 30% and 55%	**1.759**	**22.36**	**2.05**	**0:51:24**
	Total :	**3.834**	**48.72**	**2.31**	**1:39:42**
	Total track :	**7.87**	**100 %**	**2.17**	**3:37:24**

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Steep slopes > 10%

Steep slopes	Mileage point	Average slope	Interval
1	0.1	11 %	136 m
2	0.524	13 %	151 m
3	0.855	14 %	114 m
4	0.969	23 %	38 m
5	1.007	31 %	263 m
6	1.27	28 %	71 m
7	1.486	31 %	397 m
8	1.883	26 %	186 m
9	2.069	24 %	36 m
10	2.205	24 %	34 m
11	2.239	42 %	1061 m
12	3.3	30 %	101 m
13	3.401	43 %	102 m
14	3.504	47 %	36 m
15	3.54	48 %	29 m
16	4.821	12 %	101 m

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High altitude parameters, data above							
Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
2500	376.605	4.79	0:12:07	1.86	0:43:41	0:55:48	0.4
2250	2638.957	33.53	1:19:26	1.99	0:51:28	2:10:54	1.21
2000	1349.869	17.15	0:45:41	1.77	0:27:46	1:13:27	1.1
1750	1693.726	21.52	0:44:25	2.29	0:10:01	0:54:26	1.87
1500	1810.475	23.01	0:35:45	3.04		0:35:45	3.04
Total :	7.87 Km	100 %	3:37:24 h	2.17 Km/h	2:12:56 h	5:50:20 h	1.35 Km/h

Stops					
Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
1.621	0:03:44	1866	0:37:56	0:37:56	1.621
1.847	0:03:44	1928	0:47:08	0:09:12 < 10´	0.226
2.337	0:03:29	2046	1:04:13	0:17:05	0.49
2.901	0:03:30	2287	1:35:27	0:31:14	0.564
3.03	0:03:55	2344	1:45:34	0:10:07	0.129
3.094	0:05:38	2375	1:52:01	0:06:27 < 10´	0.064
3.194	0:17:27 > 10´	2419	1:59:37	0:07:36 < 10´	0.1
3.271	0:02:18	2448	2:18:22	0:18:45	0.076
3.471	0:43:41 > 10´	2514	2:29:54	0:11:32	0.2
4.433	0:08:52	2385	3:42:07	1:12:13	0.963
5.063	0:09:48	2328	4:04:42	0:22:35	0.63
5.851	0:24:17 > 10´	2246	4:38:02	0:33:20	0.788
7.015	0:02:33	1823	5:31:09	0:53:07	1.164
Total :	2:12:56 h				

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